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## Targeted drug delivery systems for the intracellular delivery of macromolecular drugs ▼

The review by Torchilin and Lukyanov on peptide and protein drug delivery to and into tumors [1] represents an excellent overview regarding the current state of research in this field. The continuing quest for novel drugs, often of macromolecular nature, should go hand in hand with the development of ways to formulate them in an appropriate dosage form. Given the complexity and vulnerability of novel macromolecular drugs being developed, the issue of delivery to the site of action is crucial. Torchilin and Lukyanov successfully describe the current approaches for enhanced delivery of macromolecular drugs like peptides and proteins to tumor sites using polymeric or liposomal carriers. Nevertheless, with respect to the intracellular delivery of the drug, we feel that the authors underestimate the importance of the endocytic route and overemphasize the more controversial membrane transduction pathway.

Cell-specific targeting can be achieved by attaching targeting ligands such as antibodies, peptides or carbohydrates to the delivery system. Ideally, the presence of such targeting

ligands should not influence pharmacokinetics and target localization of the drug delivery system and should result in sufficient cytosolic accumulation of the targeted drug. Torchilin and Lukyanov describe two main routes to achieve this: endosomal release and membrane transduction.

The latter of these, membrane transduction, is a natural feature of a number of proteins involving so-called protein transduction domains (PTDs). Several cationic PTDs have now been described that translocate proteins [2] and even relatively large particles (up to 200 nm) across the cell membrane [3], by an as yet unidentified mechanism. A number of reports, and especially those on the membrane translocation of large particles [3–5], appear to be miraculous and recently, serious questions have been raised about the validity of the observations [6–8]. These recent reports point out that the cellular distribution of fluorescent PTDs or PTD-protein constructs is dramatically changed after fixation of the cells compared with the distribution in living cells [6–8]. We speculate that the cationic nature of the particle-associated PTDs allows for efficient cell-membrane interaction with any cell type, and can be followed by endocytic uptake comparable to the uptake mechanism observed for cationic non-viral gene delivery systems. In addition, one might also

question the *in vivo* applicability of PTD-mediated translocation of drug carriers after intravenous administration, as the cationic nature of PTDs can be expected to reduce blood residence time and to cause aspecific cell association.

Therefore, to achieve cytosolic delivery of macromolecular drugs, we would favor the use of physiological cellular uptake mechanisms combined with inclusion of elements that enable endosomal escape. This approach combines cell specificity, by using cell-specific targeting ligands, with internalization mediated by the targeted receptor and endosomal escape induced by an 'escape' moiety incorporated in the system. We recently proved the feasibility of this approach with a targeted liposomal system developed to deliver the diphtheria toxin-A subunit into the cytoplasm of ovarian carcinoma cells [9]. By using liposomes that expose tumor cell-specific antibodies on their surface, and that contain in the aqueous interior the toxin plus an escape (fusogenic) peptide derived from influenza virus, we obtained a strong antitumor effect demonstrating delivery of the toxin into the cytoplasm. This targeted fusogenic system offers promise for the cytosolic delivery of other proteins as well.

Obviously, cytosolic delivery is not the end point in many cases, as the drug target is located in a defined subcellular compartment, for example, the nucleus in the case of gene therapeutics. In our view, intracellular targeting is a crucial step in the delivery of macromolecular drugs (whether peptide, protein or DNA). The drug delivery research field is only now beginning to address the challenge of this intracellular targeting step.

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## Engineered T lymphocytes – powerful killers ▼

The immune system has evolved to fight against pathogens and it is against its nature to destroy the self, even when the self becomes a threat to the survival of the whole organism. Moreover, cells that undergo malignant transformation do their best to prevent themselves from being recognized and destroyed. The term immunotherapy refers to the group of strategies that increase the ability of the immune system to recognize and destroy transformed

cells. In a recent review in *Drug Discovery Today*, Whelan *et al.* [1] describe several humoral- and cellular-activating immunotherapy strategies that are under clinical investigation, together with an assessment of their results. These strategies are based on the idea that tumor antigens must be presented to the immune system in such a way that the immune system no longer tolerates self antigens, allowing cytotoxic T lymphocytes (CTLs) to be induced. CTLs are able to recognize and lyse specific target cells. Tumor antigens can be presented as naked DNA, peptides, proteins or whole tumor cells. Powerful antigen-presenting cells such as dendritic cells can be loaded with tumor antigen *ex vivo* and injected back into patients to ensure optimal processing and presentation of antigenic peptide. In general, these strategies depend on the activation of CTLs *in vivo*. Some of these strategies have encouraging results but many problems still need to be overcome.

A different approach that was not covered by Whelan *et al.* [1] involves *ex vivo* genetic manipulation of CTLs to alter their specificity and activation requirements. This is achieved by introducing a receptor that recognizes a tumor antigen linked to an intracellular domain that drives activation. Recent studies using this technique have shown that systemic B-cell lymphoma and colon carcinoma were eradicated *in vivo*

[2,3]. The important lesson that stems from these studies is that we can control the survival and activity of the CD8<sup>+</sup> T lymphocytes to exploit their killing potential. This strategy has the advantage of being human leukocyte antigen-independent (the target of CD8 is the tumor antigen, independent of processing and association to class I molecules), but it is limited to tumor antigens that are expressed at the plasma membrane.

In conclusion, we are learning to control delivery of tumor antigens and to prepare effective and long-lasting CTLs. Our continuing progress in understanding the mode of function of the immune system should help us to find the best way to combine different approaches to obtain clinically relevant results.

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